





Theme Overview Progression Step 3 – FRESH AIR

Our Big Question: How can we live more sustainably in our local area?

<p>Health and Wellbeing</p> 	<p>How can the decisions I make help care for my own well-being, others, and the natural world?</p> <p>During this period, our children will explore how the decisions they make affect their health, the well-being of others, and the environment of our local community, linking their learning to locations such as Ffairfach, Dinefwr, Llandeilo and residents of care homes. They will use their knowledge and previous experiences to make informed and thoughtful choices, writing and expanding on decisions that improve people's well-being and the environment, collecting and analysing data to understand the impact of their choices, and building presentations or digital activities that encourage care for others and the natural world. Through these activities, they will see how their everyday choices can make a real difference to the quality of life of people and nature in their community.</p>
<p>Humanities</p> 	<p>How does the way we live in our community affect the local environment, and how can we use our voices and ideas to help keep our 'Fresh Air' healthy?</p> <p>During this term, pupils will explore how human activities in our local community affect the environment. By using the area as an "outdoor laboratory", they will observe how people interact with nature—walking, using cars, sports and tackling litter—and record positive and negative impacts. They will take photos or create videos to document their findings, using numeracy skills to count and report back through graphs or digital materials. Finally, they will investigate one activity in more detail and learn how changing behaviour can help protect our environment and our "Fresh Air".</p>
<p>Science & Tech</p> 	<p>How do living things depend on clean air and natural resources, and how do people's actions affect their ability to survive?</p> <p>Learners will explore the natural world in the Dinefwr area, including the parkland, woodlands and riverbanks, to understand that living things depend on each other to survive. Through observation, investigation and data collection in the local environment, they will identify patterns in nature and learn how plants, animals and people compete for resources such as air, water and light. They will explore how features of local organisms help them live in their habitats, and consider how human actions, such as land use, tourism and traffic, can have a positive or negative impact on clean air and living things. By using technology to observe, record and solve problems, learners will develop an understanding of their responsibility to care for the local environment.</p>
<p>Expressive Arts</p> 	<p>What role can art play in raising awareness of sustainability in our community?</p> <p>The focus on local artists such as Heledd Wyn and Seren Stacey encourages learners to explore and respond to the natural world through creativity, making connections to the Fresh Air theme and the local nature of Llandeilo. They experiment with materials and tools, reflect on their own work and that of others, and understand how artists convey mood, ideas and emotions. Through discussing, planning and presenting artwork, they develop literacy, numeracy (patterns, symmetry) and digital skills (creating and editing images). The work fosters awareness of sustainability and encourages learners to contribute positively to their environment.</p>



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