





Spring term 2026 – Fresh Air – Dosbarth Myrddin

Our big question - How can we look after our planet?

<p><u>Health and wellbeing</u></p> 	<p>During this term, children will explore how their everyday choices affect their own health and the health of others. They will take part in practical and imaginative activities, such as choosing between walking or using the car, healthy or less healthy food, and using plastic or recycling. They will write a short story or report to explain the consequences of each choice and organise the information in a table or graph. They will also use digital tools to create slides or charts showing the impact of their decisions, learning how making informed choices can improve their health and the lives of others, now and in the future.</p>
<p><u>Humanities</u></p> 	<p>During this term, children will explore how communities respond to climate change and how local human activities affect the environment. They will walk around Parc Dinefwr or their local area to observe how people interact with the environment—walking, parking, sports, litter—and write short sentences about what they see, counting the number of people and identifying positive and negative impacts. They will also take photos or record short videos to document their observations, and discuss how human activities affect clean air and wildlife. In addition, they will choose one type of local human activity to investigate in detail, creating a short report, graphs, or digital materials that show its impact, and learn how changes in people's behaviour can help protect the natural world and keep the air healthy.</p>
<p><u>Science</u></p> 	<p>During this term, children will explore how human actions affect relationships between living things. They will observe a local ecosystem by taking a walk around Parc Dinefwr to identify plants, animals, and green spaces, and create a simple map showing where people visit and the potential impact this may have on nature. They will list and count local plants and wildlife, take photos to create a digital album, and discuss how clean air and sustainability affect the survival of these living things. In addition, they will design a poster or map showing a local life cycle and how people and nature work together to maintain a healthy ecosystem, developing an understanding of the interdependence of living things and the impact of human activities.</p>
<p><u>Expressive arts</u></p> 	<p>During this term, children will explore the nature of the Dinefwr area through art and creative work. They will look at pictures, videos, and artists' work to understand wildlife and the importance of clean air, and will create drawings or collages that show plants, animals, and the environment. They will reflect on the message their work conveys, share feedback with their peers, and develop their work based on these comments. They will also use digital tools to take photos or create a video of their project, write sentences about their work, and record the creative elements or materials used, including paint, paper, recycled waste, or natural materials. In addition, they will create a short performance or drama that shows the impact of human actions on nature.</p>

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